

Game4Padel

Coronavirus (Covid-19)

Playing Padel During Lockdown

Return to Restricted Play

COURT LIMITS

- Maximum of two people per court (singles play only). Players can be from different households
- The only exception to the above is where doubles can be played between 2 household groups or 4 players from the same household
- Coaching sessions are currently not available
- Players Under 14 must be supervised by an adult
- No spectators

BEFORE PLAY

- Book and pay online (only those that book may play)
- Read all the provided club and LTA signage
- Familiarise yourself with the up to date Government Guidance on the Coronavirus (Covid-19)
- Adhere to two metre social distancing signage around the club throughout your visit

MAINTAIN SOCIAL DISTANCING

- Stay at least two metres away from other players at all times (including during play, when taking breaks and before and after play)
- Start your booking 5 minutes after the booking time to reduce contact with other players
- If you arrive early and the previous booking has not yet left the courts, wait in the designated waiting area - well away from the gate and paths. Always maintain a two metre distance from others
- Do not make physical contact with other players (such as shaking hands or high five)
- Stay on your side of the court and avoid changing ends
- Avoid chasing the ball down to another court if other players are using it and maintain social distancing if collecting balls from outside the courts

EQUIPMENT & FACILITIES

- Use your own clearly marked padel balls (e.g with your initials) - No balls will be provided by the club to avoid the sharing of balls between bookings
- If playing with someone from another household, only pick up and serve with your own personal set of balls
- Avoid using your hands to pick up tennis balls that aren't yours - use your racquet/foot to hit/kick them to your opponent or return them to another court
- No rackets will be provided on-site for borrowing
- Bring your own water bottle with you - no access to clubhouse kitchen
- Avoid using other equipment such as courtside benches, net handles or court sweepers
- Place bags/water bottles/personal items on separate sides of the court entrance from your playing partner in the corridor - at least two metres apart
- When playing, try to avoid touching the court walls and net where possible
- Be aware that onsite toilet and clubhouse facilities are restricted at this time
- On leaving the courts, take all of your equipment with you (rackets, balls, water bottle etc.)

HYGIENE

- Hand sanitiser may be available at the site but you should ensure you bring your own. Please use hand sanitiser immediately on entering the padel facility and when leaving
- When using the keypad, if preferred, wear a glove or use a pen. Alternatively, sanitise or wash your hands as soon as possible
- Avoid touching your face
- If you need to sneeze or cough, do so into a tissue or upper sleeve
- On leaving the courts following your booking, remember to dispose of all rubbish and wash hands as soon as possible
- High contact surface areas such as handles, keypad and net posts will be wiped down regularly by a member of the Game4Padel team

AFTER PLAY

- Leave the courts clean and tidy
- Exit the courts and club 5 minutes before your booking finishes and before the next players arrive - do not stay to socialise

COACHING

- Coaching is currently not allowed but this may eventually be limited to one to one coaching activity only
- All measures listed will apply to coaching sessions

RACKETS AND BALLS

- If you do not have a racket and wish to borrow one during the course of social distancing measures please email: info@game4padel.com. Game4Padel have a limited number of rackets which may be borrowed and kept during the course of social distancing measures
- Rackets and balls can be bought by visiting game4padel.com and following the link to our shop

- Thank you in advance for your cooperation
- We understand these are challenging times for everyone. We hope you are staying safe and we look forward to welcoming you back in person in the near future
- Keep up to date with all things padel, useful guidance and news:



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lta.org.uk

- The Club has followed LTA, Tennis Scotland and Scottish Government guidance to implement venue appropriate measures
- All the guidance set-out must be followed
- Players play at their own risk